## NITTE INSTITUTE OF PHYSIOTHERAPY





Placed under Category 'A' by MHRD, GoI. Accredited with 'A' Grade by NAAC. Deralakatte, Mangaluru - 575 018



## **JUSTICE K S HEGDE**

Founder

### ABOUT THE MANAGEMENT

Nitte Education Trust was founded in 1979 by Late Justice K S Hegde, former Judge of the Supreme Court of India and Speaker of the Lok Sabha. Justice Hegde strongly believed that education is pivotal to the overall progress of a community and this vision led to the birth of Nitte Education Trust. His legacy is being continued by his son, Mr N V Hegde.

# **EXPERIENCE NITTE.**



### NITTE INSTITUTE OF PHYSIOTHERAPY

### ABOUT THE INSTITUTION

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Nitte Institute of Physiotherapy was established in 1997. It offers graduate and postgraduate courses in Physiotherapy. It is affiliated to Nitte (Deemed to be University), Mangaluru and is recognized by the Indian Association of Physiotherapists (IAP). The institution has a MoU with the University of Santo Tomas, Philippines for educational and academic exchanges.

### FACULTY

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**Principal:** Prof (Dr) Dhanesh Kumar K U, MPT, PhD Prof (Dr) Dhanesh Kumar K U holds a Doctorate and has 16 years of undergraduate and postgraduate teaching experience.

The complete list of teaching faculty is available at www.nipt.nitte.edu.in

### **ABOUT PHYSIOTHERAPY**

Physiotherapy has created a niche for itself as a leading healthcare profession that improves health without the use of medicine and surgery. It provides treatment to individuals to develop, maintain and restore maximum movement, allowing them to function efficiently through life.

### **COURSES, INTAKE AND DURATION**

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### Bachelor of Physiotherapy (BPT)

Intake: 60 | Duration: 41/2 years (including 6 months of compulsory internship)

#### Eligibility

Pass in 12th standard examination with not less than 40% marks as an aggregate in the optional subjects of Physics, Chemistry and Biology, with English being one of the languages of study. The candidate should have completed 17 years of age as on 31st December of the year of admission.

#### **Course Content**

The BPT course has a balanced combination of subjects relating to Physiotherapy & Rehabilitation and also includes a substantial component of medical subjects. Hence, students will acquire skills that will give them the professional competence to treat a range of physical impairments which could be congenital, post-operative or those that occur due to a major trauma.

- **I Year** Human Anatomy, Physiology including Therapeutic Physiology, Biochemistry, Psychology, Sociology and Biomechanics of Human Motion
- II Year Pharmacology, Pathology, Microbiology, Exercise Therapy, Electrotherapy, Research Methodology & Biostatistics
- III Year Clinical Orthopedics, General Medicine, General Surgery, Orthopedics & Sports Physiotherapy, Cardio-respiratory & General Physiotherapy
- IV Year Neurology & Neurosurgery, Community Medicine, Neurophysiotherapy, Community-based Rehabilitation & Project Work

### **ADMISSION PROCEDURE**

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Students seeking admission to BPT should submit the application available on **www.applications.nitte.edu.in** and forward the same, along with attested copies of the 10th & 12th standard marks cards and DD for ₹ 500/- favouring "Nitte Deemed to be University", payable at Mangaluru towards registration fee.

#### Documents required for admission to BPT (Original + 3 attested copies)

- ≈ 12th standard marks card/pass certificate
- ≈ 10th standard pass certificate for proof of date of birth
- ≈ Transfer certificate from the institution last attended
- ≈ Conduct certificate from the institution last attended
- ≈ Migration certificate from the Board/University of the institution last studied
- ≈ Physical fitness certificate from a registered medical practitioner
- ≈ Blood group certificate
- ≈ Photographs: Recent color photo with white background, of resolution 300-600 dpi & size 35 mm x 45 mm (P.P size 5 Nos) & size 20 mm x 25 mm (Stamp size 5 Nos)
- ≈ Aadhar card copy of the student



#### ≈ Master of Physiotherapy (MPT)

Intake: 25 | Duration: 2 years

#### Eligibility

Candidates with BSc (PT) or BPT degree from a recognized university, securing not less than 50% marks in aggregate.

#### **Specializations**

- Physiotherapy in Neurological and Psychosomatic Disorders
- Physiotherapy in Musculoskeletal disorders and Sports Physiotherapy
- Physiotherapy in Cardio-respiratory disorders and Intensive Care
- Pediatric Physiotherapy
- Physiotherapy in Obstetrics & Gynecology

### **ADMISSION PROCEDURE**

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Candidates seeking admission to MPT should submit the application along with attested copies of 10th standard, Degree marks cards, Degree certificate and DD for ₹ 1000/- favouring "Nitte Deemed to be University", payable at Mangaluru towards registration fee.

#### Documents required for admission to MPT (Original + 3 attested copies)

- ≈ BPT/BSc (PT) marks cards of all years
- ≈ Internship completion certificate
- ≈ Provisional Degree/Degree certificate
- ≈ Migration certificate from the Board/University of the institution last studied
- ≈ 10th standard pass certificate for proof of date of birth
- ≈ Transfer certificate from the institution last attended
- ≈ Conduct certificate from the institution last attended
- ≈ Physical fitness certificate from a registered medical practitioner
- ≈ Blood group certificate
- Photographs: Recent color photo with white background, of resolution 300-600 dpi & size 35 mm x 45 mm (P.P size 5 Nos)
  & size 20 mm x 25 mm (Stamp size 5 Nos)
- ≈ Aadhar card copy of the student
- ≈ PhD Interdisciplinary program

#### Add-on courses

≈ Certificate course in Yoga | Duration: 3 months

#### **Career Opportunities**

Hospitals, Clinics, Rehabilitation Centres, Gymnasium, Geriatric Homes, Fitness Centres, Industries, Sports Medicine Centres, Research Centres, Special Schools etc. They can choose private practice after obtaining the BPT degree. A postgraduate can work in educational and research institutions in India and abroad.

### COMMENCEMENT OF COURSE

BPT/MPT program commences on the date prescribed by the University, generally in August.

### FACILITIES

#### **Teaching Hospital**

The College is attached to the 1000 bed multispecialty Justice K S Hegde Charitable Hospital, for clinical training of the students. For details about the teaching hospital, please refer Pg. No. 39.

#### Skill Lab

The College has a separate Electrotherapy and Exercise Therapy skill lab which facilitates practical demonstration and aids in training.

#### **Outreach Activities**

The College has 4 outreach centres which facilitate community and extension activities for undergraduates. These outreach centres provide special training to postgraduates by giving them additional exposure to sports, geriatric care, disability management and recreational rehabilitation.

#### Sports

Air conditioned gymnasium, multi-purpose play ground with running track, basketball, volleyball and badminton courts are available in the campus.

#### Hostel

The college provides safe, secure, clean and well-furnished hostels with hygienic vegetarian and non-vegetarian food. Recreation facilities include indoor & outdoor games and television. A resident warden is available to ensure safety and healthcare requirements like Doctor on call facility and to handle medical emergencies. The hostel has zero tolerance towards ragging, use of tobacco and drug abuse.

#### Medicare

Students are entitled to free medical and dental treatment at the 1000 bed multispecialty Justice K S Hegde Charitable Hospital and the A B Shetty Dental College Hospital.

#### Library

The college has a well-stocked library with more than 3500 volumes. It also has access to book banks and online journals.

#### Conveyance

Free transport facilities are provided to students through a fleet of buses plying regularly from various points in the city to the college and back.

#### **Soft Skills Training**

The college provides special training in English language focusing on improving communication skills. It also promotes personality development skills through value based education and yoga.

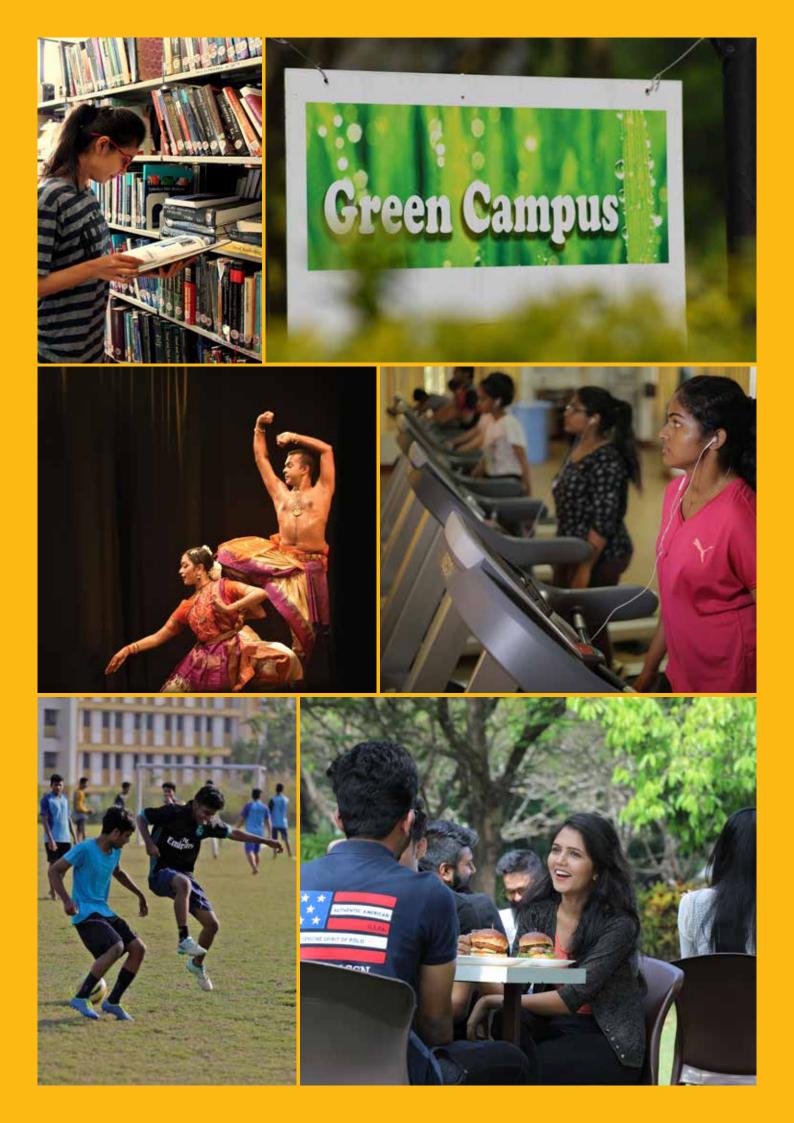
#### **Student Support Service**

The college offers all kinds of assistance in obtaining scholarship/financial assistance from the government or private organizations.

#### **Campus Amenities**

The campus includes student centric amenities like cafeteria, ATM, indoor and outdoor sports facilities and Wi-Fi.





### **PROGRAMS AT NITTE**

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COLLEGES	COURSES OFFERED
NMAM Institute of Technology (Nitte)	B.E Biotechnology   Civil   Computer Science   Electrical & Electronics   Electronics & Communication   Information Science   Mechanical   M.Tech   MBA   MCA   Ph.D
Nitte Meenakshi Institute of Technology (Bengaluru)	B.E Aeronautical   Civil   Computer Science   Electrical & Electronics   Electronics & Communication   Information Science   Mechanical   M.Tech   MBA   MCA   Ph.D
<b>K S Hegde Medical Academy</b> (Mangaluru)	MBBS   MD.MS   MCh   PhD   BSc (Anesthesia & OT Technology)   MSc (Anesthesia & OT Technology)   BSc (Medical Imaging Technology)   MSc (Medical Imaging Technology)   BSc (Medical Lab Technology)   MSc (Medical Lab Technology)   BSc (Respiratory Therapy)   MPH (Public Health)   MPhil (Psychiatric Social Work)
A B Shetty Memorial Institute of Dental Sciences (Mangaluru)	BDS   MDS   PhD   Certificate Course in Oral Implantology
NGSM Institute of Pharmaceutical Sciences (Mangaluru)	DPharm   BPharm   PharmD   PharmD (Post Baccalaureate)   MPharm   PhD
Nitte College of Pharmaceutical Sciences (Bengaluru)	DPharm   BPharm
Nitte Usha Institute of Nursing Sciences (Mangaluru)	GNM   PB BSc Nursing   BSc Nursing   MSc Nursing   PhD   Post Basic Diploma in Dialysis Nursing
Nitte Institute of Physiotherapy (Mangaluru)	BPT   MPT   PhD
Nitte Institute of Speech & Hearing (Mangaluru)	B.ASLP
Nitte University Centre for Science Education & Research (Mangaluru)	BSc (Honors) Biomedical Science   MSc (Biomedical Science)   MSc (Food Safety & Biotechnology)
Nitte Institute of Architecture (Mangaluru)	BArch
Nitte School of Architecture (Bengaluru)	BArch   BPlanning
Nitte Institute of Communication (Mangaluru)	BA (Journalism & Mass Communication) MA (Journalism & Mass Communication)
Sarosh Institute of Hotel Administration (Mangaluru)	внм
Justice K S Hegde Institute of Management (Nitte)	MBA   PhD
Nitte School of Management (Bengaluru)	PGDM   Executive PGDM
Nitte School of Fashion Technology & Interior Design (Bengaluru)	BSc (Fashion & Apparel Design)   BSc (Interior Design & Decoration)   Diploma in Fashion Design   Diploma in Interior Design
Dr NSAM First Grade College (Nitte)	BSc   BCom   BBA
Dr NSAM First Grade College (Bengaluru)	BBA   BCom
Nitte Rukmini Adyanthaya Memorial Polytechnic (Nitte)	Civil Engineering   Computer Science & Engineering   Electrical & Electronics Engineering   Electronics & Communications Engineering   Mechanical Engineering   Apparel Design & Fabrication Technology



For further details, you may contact:

#### **The Deputy Director (Administration)**

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