Maharashtra University of Health Sciences, Nahsik

SYLLABUS

"POST BASIC CERTIFICATE IN OPERATION ROOM NURSING"

POST BASIC CERTIFICATE IN OPERATION ROOM NURSING

INTRODUCTION

1 College of Nursing, Armed Forces Medical College, is the only one of its kind in the Armed Forces and the oldest college in Maharashtra state established in the year 1964 and was accredited by NAAC and awarded. A grade this year . The College conducts B.Sc. Nursing, Post Basic B.Sc. Nursing course & M.Sc Nursing programme under the Maharashtra University of Health Sciences, Nashik. Short term courses such as Orthopaedic Nursing course of 11 months and Operation Theatre Nursing course of 2 years duration under the aegis of Director General Armed Forces Medical Services are also being conducted at this College. It is now proposed to affiliate the Operation Room Nursing course under Maharashtra University of Health Sciences Nashik.

PROPOSAL

2. It is proposed to affiliate the existing Operation Theatre course of one year duration which is presently affiliated to the DGAFMS to the Indian Nursing Council and Maharashtra University of Health Sciences Nashik as a Certificate programme.

JUSTIFICATION

3. The Operation Room Nursing course of two years duration is being conducted in the College of Nursing since 1975 for nursing officers and is governed by the DGAFMS. The nursing officers are posted as OT matrons to service hospitals on completion of the course. They are responsible for the management of the Operation Room, maintenance of equipment and supplies in addition to assisting in the major surgeries. They are required to perform call duties and follow up post operative patient in the Intensive Care Unit

There is a gross deficiency in the Operation Room specialized nursing manpower in the Military Nursing Services as the nursing officers do not volunteer to undergo the course due to factors such as lack of incentive and long working hours with no leave reserve. Affiliation of the course to a recognized statutory body such as INC and provision of Diploma from MUHS Nashik will enhance the worthiness of the course and give it better recognition and make it more attractive for Nursing Officers. The prescribed syllabus by Indian Nursing Council has been implemented in toto..

PHILOSOPHY

4. College of Nursing believes in preparing the specialized cadre of Operation Room Nurses with advanced knowledge, skills and attitudes in providing comprehensive care to patients undergoing surgery. Advances in surgical technology necessitate additional training to prepare them for effective participation as a health team member in operation room

AIM

5. Post basic certificate in operation room nursing is designed to prepare specially Trained Operation Room Nurses who will be able to render competent quality care, manage and supervise care of patient in Operation Room as well as work as effective member of surgical team in the Armed Forces Operation theatre.

COLLEGE MANAGEMENT COMMITTEE

6. The College Management Committee comprises of the following:-

(a)	President:	Lt Gen D P Vats, SM,VSM Director & Commandant, AFMC, Pune
(b)	Member:	Maj Gen G Ravindranath, VSM Dean & Dy.Commandant, AFMC, Pune
(c)	Secretary:	Col Elizabeth John Principal College of Nursing
(d)	Three elected Members of Teaching Staff:	Lt Col A J Antony Lt Col Mala Singh Lt Col Punita A Sharma Professors, College of Nursing
(e)	Three Experts Nominated by President :	Brig AK Chaudhury - Brig I/C Administration, AFMC, Pune Lt Col MR Arun Iyengar - Administrative Officer, AFMC, Pune Maj Mahipal - AQM, AFMC, Pune
(f)	Non Teaching Clerical Staff:	NK SS Choudhary UDC ,CON ,AFMC, Pune

STAFFING

7 (a) Full time teaching faculty in the ratio of 1:5(as per INC) Minimum number of teaching faculty should be two

Qualification:-

MSc Nursing with Medical Surgical Nursing Specialty **or** Post basic diploma in Operation room Nursing with Basic B.Sc (N)/P.B.B.Sc (N) or GNM with additional qualification of OT course of 2 years

Experience: Minimum 3 years.

(b) Guest faculty – as per curriculum requirement.

ADMISSION TERMS AND CONDITIONS:-

8. Candidates shall be admitted for the Post Certificate Diploma in Operation Room Nursing, if she fulfills the following requirements:-

- (a) The candidate should be a Registered Nurse and Registered Midwife.
- (b) The minimum education requirement is a pass in GNM/ B.Sc Nursing.

(c) The candidate should have undergone GNM / B.Sc. Nursing/ B.Sc. (H) Nursing/ Post Basic B.Sc. Nursing in an institution, which is recognized by Indian Nursing Council.

- (d) Minimum three years of experience after GNM /Basic B. Sc. Nursing/PB B.Sc. Nursing.
- (e) The candidate shall be medically fit.
- (f) The Age limit of the candidate should not exceed 35 years.
- (g) They should serve for a minimum period of 8 years after completing the course.

ENTRANCE/SELECTION TEST

9. Selection of the candidates should be based on the merit of the qualifying examination in GNM/B.Sc Nursing and also on the basis of the confidential reports received.

NUMBER OF SEATS

10. Number of seats available for admission to the Post Basic Certificate in Operation Room Nursing course shall be eight .

ELIGIBILITY

11. A student who takes admission for the first time to the College of Nursing, AFMC, under MUHS University shall have to fill in the eligibility criteria form for the admission along with the application fee to get her name enrolled with the University. All admissions are provisional till the University approves the eligibility. The following certificates in original along with the Xerox copies should be submitted with the eligibility form:-

- (a) GNM Certificate and Mark sheet / B.Sc. Nursing Examination Degree and Mark sheet.
- (b) Migration Certificate from the previous University.
- (c) Nationality Certificate/ passport/Domicile Certificate.
- (d) H.S.C. Mark sheet.
- (e) Selection letter
- (f) Physical fitness Certificate
- (g) Caste Certificate if applicable
- (h) Caste validity certificate if applicable
- (j) Non-Creamy layer certificate if applicable
- (k) School / College leaving/Transfer certificate
- (l) Self educational Gap Certificate (Affidavit from student)
- (m) Birth Certificate
- (n) State Registration SRN, SRM Certificate
- (o) TNAI Life Membership Card/Certificate
- (p) Experience certificate
- (q) Character certificate

MEDIUM OF INSTRUCTION

12. English shall be the medium of instruction for all the subject of study and for examination of the Post Certificate Diploma in Operation Room Nursing.

ATTENDANCE

13. In order to be eligible for the University examination, the following attendance criteria shall be applicable:-

- (a) Minimum attendance shall be 80% for each subject and 90% for each practical in order to be eligible for the University examination.
- (b) A candidate lacking in the prescribed attendance and progress in one subject in theory or practical shall not be permitted for appearing in University examination in that subject.
- (c) There shall be no condonation of lack of attendance for Post Basic Diploma Programme.

CURRICULUM

14. Curriculum and syllabi for the programme shall be prescribed by the Indian Nursing Council Standing Academic Board from time to time.

EXAMINATION SCHEME

15 The university examination to be conducted at the end of 1^{st} year. The scheme of examination is appended below:-

S No	Subject	Internal Assessment Marks	External Assessment Marks	Total Marks	Duration in hrs
A Theory					
Paper-I	Clinical Nursing I	50	150	200	3
Paper-II	Clinical Nursing II	50	150	200	3
Paper-III	Supervision & mgt Clinical Teaching, Elementary Research and Statistics	50	150	200	3
В					
Practical					
	Clinical Nursing (teaching and supervision & research work to be integrated)	100	100	200	
	Grand Total	250	550	800	

SCHEME FOR INTERNAL ASSESSMENT

16. The scheme for internal assessment is as under

A - Theory

Paper	Subject	Period ic Exami nation	Mid Term examin ation	Pre final Exam	Assign -ment	Total	Internal Assess- ment
Paper-I	Clinical Nursing I	25	50	75	50	200	25
Paper-II	Clinical Nursing II (Part -I)	25	50	75	50	200	25
Paper-III	Supervision & mgt Clinical Teaching, Elementary Research and Statistics	25	50	75	50	200	25

B-Practical

Subject	Periodic Examina tion Via Voice	Mid Term examin ation	Pre final Exam 28 wks of trg	Clinic al Assign -ment	Clinical Evaluation	Research Project	Total	Internal Assess- ment
Clinical Nursing (teaching and supervision & research work to be integrated)	25	50	75	50	50	50	300	100

(a) MINIMUM STANDARDS OF PASSING

In order to pass a candidate should obtain at least 50% marks separately in internal assessment and external assessment in each of the theory and practical papers

(b) GRADING

- (i) Less then 60 % is second division
- (ii) 60% and above but less then 75 % is First division
- (iii) 75 % and above is distinction

Students will be given opportunity of maximum of 02 attempts for passing.

RE-EVALUATION OF ANSWER PAPERS

17. Re- evaluation of answer paper is permitted only once.

ORGANIZATION OF THE COURSE

- 18. (a) **Duration**: Duration of the course is one academic years.
 - (b) Date of Commencement- 01 August every year
 - (c) Date of Completion of the course 31 Jul every year
 - (d) Distribution of the course:-

I Year

(i) Teaching : Theory and clinical practice	42 weeks
(ii) Internship	04 weeks
(iii) Examination (Including preparation)	02 weeks
(iv) Public Holidays	02 weeks
(v) Vacation	04 weeks
Total	52 weeks

(c) Course Objectives:

The course will enable the nurse trainee to develop skill in operation room technique which in turn will make them confident and competent nurses.

- (d) **Specific Objectives:** At the end of the course the student will be able to
 - (i) Describe the concepts and principles of operation room nursing
 - (ii) Communicate effectively with patients undergoing surgery and their family members, other staff of the OT and other dept.
 - (iii) Assist skillfully in general surgery and specialized surgical operations.
 - (iv) Understand principles of anesthesia
 - (v) Conduct basic research in operation room nursing.
 - (vi) Teach and supervise nurses and allied health worker.
- (e) Course of studies:

S. No	Subject	Theory hrs	Clinical hrs
1	<u>Clinical Nursing –I</u>	149	Integrated
	(Inclusive of Foundation courses)		Clinical
	- Physiology		Practice
	- Surgical anatomy		
	- Biophysics & Biochemistry		
	- Communication skills & IPR		
	- Anesthesiology		
	- Legal responsibility		
	- Pharmacodynamics		
	- Microbiology : Bacteriology and		
	sterilization		
	- Fluid therapy		
	- Care of dying patient		

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2	<u>Clinical Nursing –II</u>	149	Integrated
	-OR table & Oganization		Clinical
	-Infection control		Practice
	-Preparation & Assisting for various		
	specialized surgical procedures, as circulating		1292Hrs
	and scrub nurse		
	-Operating microscopes		
	-Suture materials and needles		
	-Endoscopies		
	-Ventilators		
	-Bandages splint casts and tractions		
	-Recovery room/surgical ICU		
3	Supervision & Management, Clinical		
	Teaching , Elementary Research &		
	<u>Statistics</u>	30	
	(i)Supervision & management	30	
	(ii)Clinical Teaching	30	
	(iii)Elementary Research and Statistics		
	Internship	-	160
	Total	388 Hrs	1452 Hrs

- 04 weeks x 40 hrs /we	ek = 160 hours
- 38 weeks x 40 hours/w	reek = 1520 hours
- 38 weeks x 6 hours /w	eeks = 228 hours
erience 34hrs/weeks -38 weeks x34 hour	rs /weeks=1292 hours
- 4 weeks x 40 hours	= 160 hours
Total	=1840 hours
	- 38 weeks x 40 hours/w - 38 weeks x 6 hours/w perience 34hrs/weeks -38 weeks x34 hour - 4 weeks x 40 hours

(f) Clinical Experience Clinical experience is to be provided in Operation Room as per specialization. The breakdown is as follows :mati

Clinical Area/Operation Room	Duration
Gastro-intestinal	-04 weeks
Nephro and Uro surgery	-04 weeks
Neuro surgery	-04 weeks
Cardiovascular and thoracic surgery	-04 weeks
Ortho surgery	-04 weeks
ENT	-02 weeks
Opthalmology	-02 weeks
Gynac and Obst	-04 weeks
Pediatric surgery	-04 weeks
Burns and plastic	-04 weeks
Dental surgery	-02 weeks
Total	-38 weeks
Internship 40 hrs /week	- 04 weeks
Two weeks evening and two weeks r	night

Two weeks evening and two weeks night

OPERATION ROOM NURSING -I

INC: 149 hrs

Description:

This course is designed to help the students to review their knowledge of structure and function of human body, pharmacodynamics of drugs acting on various systems of the body and their relation with promotion of health and application of principles of microbiology as applied to infection control practices in the operation room .Further it would enable students to acquire knowledge of anaesthesia and responsibilities of the operation room nurse.

Objectives:

At the end of the course the student will be able to :-

- 1. Apply the knowledge of structure and functions of various system of human body relevant to surgical procedures.
- 2. Describe the pharmacodynamics of common drugs and anesthetic agents used in OR.
- 3. Apply principles of microbiology in infection control practices in OR.
- 4. Describes the principles, types and methods of anesthesia and nurse's responsibilities.
- 5. Apply principles and biophysics and chemistry in use of various gadgets.
- 6. Discuss ethical and legal responsibilities of OR nurse.

ANATOMY AND PHYSIOLOGY

UNIT	CONTENT	HOURS
Ι	SURGICAL ANATOMY AND PHYSIOLOGY	35
	• Cells: Compositions, structure, function and control of cell function	
	• Body fluids and electrolyte balance : body water, Intercellular and extracellular fluids, capillary and membrane dynamics	
	Blood cells and blood coagulation	
	 Musculoskeletal system: Muscles of head, neck and vertebral column, thorax, abdomen, pectoral and pelvic girdle, upper and lower limbs. Classification of joints, joints of upper and lower limbs. Structure of Skull, Vertebral column, sternum, cartilages, clavicle, scapula, male and female bony pelvis, upper and lower extremities. Muscle physiology 	
	• Nervous system: Skull, Gross anatomy of brain, its lobes, sub divisions and broad functions, basic and functional anatomy of cranial nerves, basic anatomy of spinal cord and important neural pathways and plexus, blood supply of CNS	

•	Sympathetic function of nerves, design of the nervous system, sensation and interpretation of sensation by brain reflex function of the spinal cord and brain stem, thought	
•	processes and control of motor activities, autonomic nervous system.	
•	Nervous system : Skull, Gross anatomy of brain, its lobes, sub divisions and broad functions, basic and functional anatomy of cranial nerves, basic anatomy of spinal cord and important neural pathways and plexus, blood supply of CNS	
•	Nerve membrane potential, formation of CSF and abnormalities, Sympathetic function of nerves, design of the nervous system, sensation and interpretation of sensation by brain reflex function of the spinal cord and brain stem, thought processes and control of motor activities, autonomic nervous system.	
•	Respiratory system: Basic surgical anatomy of nose, paranasal sinuses, pharynx, trachea, bronchial tree, lungs, diaphragm and thorasic cages.	
•	Mechanism of respiration, gas exchange, regulation of respiration and physiology of respiratory abnormalities.	
	Cardiovascular system: Anatomy of heart and blood vessels	
	• Pumping action of heart and its regulation	
	 Pulmonary, coronary, cerebral and portal circulation 	
	 Systemic arterial pressure- hyper and hypo tension 	
	Cardiac output, venous pressure and cardiac failure	
	 Lymphatic system structure of lymph vessels and lymph drainage 	
	Reticuloendothelial system, immunity and allergy	
•		
	pancreas, and salivary glands, including parotids and tongue	
•	Anatomy of abdominal wall, hernia, inguinal canal	
•	Gastrointestinal movement, secretion and their regulation	
•	Digestive assimilation of fats, carbohydrates and proteins	
•		
•	Formation and excretion of urine	
•	Sensory system:	
•	Anatomy of eye	
•	Physiology of vision Anatomy of ear	
•	Physiology of hearing	
•	Endocrine System: Anatomy of ductless glands	
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L		

GENERAL SURGERY	
 Abdominal surgery –anatomy of abdominal wall, incisions 	hornio
alimentary canal,Gall bladder ,bile duct ,Liver spleen, pand	
,surgery of head & neck,mouth and breast ,thyroid gland.	licus
ORTHOPAEDIC	
• Bones and Joints	
UROLOGY	
• Kidney	
• Ureters	
• Bladder	
• Prostate	
• Testes	
EAR,NOSE AND THROAT	
• Surgery of pharynx ,Larynx	
• Nose and Ear	
GYNAEC AND OBST	
Pelvic viscera and other supports	
• Uterus	
Fallopian Tubes	
Ovaries	
• Cervix	
• Vagina	
NEURO SURGERY	
• Brain	
Spinal cord	
Peripheral and Sympathetic Nerves	
CARDIO THORACIC SURGERY	
• Chest wall	
• Heart	
Blood Vessls	
Trachea	
Bronchi	
• Lungs	
PAEDIATRIC SURGERY	
Body Systems	
OPHTHALMOLOGY	
• Eyes	10
III BIOPHYSICS AND BIOCHEMISTRY	10
Units of measurements	
Gas Laws	
Heat	
Electro statistics	
Laser rays used in operation theatre	
Chemicals used in operation theatre	

UNIT	CONTENT	HOURS
	• Occupational hazards in OR, its prevention, control and management	
	In emergency	
	Radio active materials: Operation table mechanics, positioning	
	Principles underlying use of various gadgets.	
IV	COMMUNICATION SKILLS AND IPR	10
	Process and methods	
	• Establishing and maintaining good IPR and communication with	
	family, staff and colleagues	
	Breaking of bad news: Multidisciplinary team and role of nurses	
	Guidance and counseling	
V	ANESTHESIOLOGY	10
	Introduction	
	Principles	
	• Types	
	Stages	
	Methods of administration	
	Anaesthetic machines and equipments	
	• Drugs used in premedication and anaesthesia, their doses, action,	
	antidotes and methods of combating complications, nursing	
	responsibitlities	
	• Preparation of patients for various types of anaesthesia/analgesia	
including laying out of trolleys for same		
	General anesthesia: volatile and gaseous groups	
	Stages of anaesthesia, anaesthetic action	
	Anaesthetic agents: Intravenous agents and muscle relaxing agents	
	Spinal analgesia drugs and its complication	
	Cardio-pulmonary resuscitation and bypass	
	• Boyles apparatus and its component parts, preparation of apparatus for administering anaesthesia	
	• Care and maintenance of Gas cylinder, color index, capacity of various	
	cylinders, precautions to reduce antistatic friction hazards	
	Haemorrhage- Shock management and Nursing care	
	• Fluid and electrolyte balance, calculation of daily fluid requirement	
	• Respirators- use and handling of dragger, medevent, evita machines and	
	nursing management of patients on mechanical ventilation	
	• Use of defibrillator, cardiac pacemaker, heart-lung machine, cardiac	
	monitoring, SPO2, CVP, Art.Pressure, ECG, PAWP	
	Reception of patients in OT	
	Post anaesthetic care – including instruments and drug in post op room	
IV	LEGAL RESPONSIBILITIES	10
	Identification of patients	
	Identification of right part to be operated	
	• Valid consent for operation, use of body tissues and organ	
	transplant (donor and recipient)	

UNIT	CONTENT	HOURS		
	• Care of dentures			
	Counting of sponges, instruments etc			
	• Prevention of unusual incidences (fall of patients, burn, fire			
	hazards)			
	Records in operation theatre: its medico-legal importance			
	• Prevention of unusual incidences (fall of patients, burn, fire			
	hazards)			
	Records in operation theatre: its medico-legal importance			
VI	PHARMACODYNAMICS	34		
	Neuroleptic drugs			
	Phenothiazines			
	Butobarbitone			
	Anticonvulsants			
	Analgesics			
	Intraoperative analgesia			
	 Nonsteroidal anti-inflammatory drugs 			
	Narcotic antagonists			
	Intravenous induction agents			
	• Isopyenatine			
	Bronchodilators			
	Respiratory stimulants			
	Antidysrrhythmias			
	Vasopressors			
	Vaasodilators			
	Antihypertensive agents			
	Ganglion blockers			
	Plasma expanders			
	Muscle relaxants			
	Beta blockers			
	Uterine stimulators			
	Uterine inhibitors			
	• Insulin			
	Histamin, H1 and H2 receptor antagonists			
	Anticoagulants			
	Antiemetics			
	Anticholinergics			
	• Drugs acting on eye, ENT, etc.			
	Nurses role and responsibilities			
VII	MICROBIOLOGY: BACTERIOLOGY AND STERILIZATION	10		
	• Pathogenic and non pathogenic bacteria, mode of spread and cross			
	infection			
	Inflammation and infection			
	Micro-organisms classification			
	Organisms that cause infection			

UNIT	CONTENT	HOURS
	• Sterilization and disinfection: Principles involved in each method	
	of sterilization, wet, steam, pressure sterilization, autoclaving,	
	boiling, dry, heat, gas, chemical sterilization, gamma ray sterilization	
	Spore bearing organisms, their role, methods of destruction	
	• Cleaning and sterilization of instruments, glass apparatus,	
	anaesthetic equipment, endoscope and rubber goods	
	• Preparation and sterilization of dressing, linen, rubber goods,	
	surgical packs, suture materials, packing of drums for efficient	
	sterilization	
	• Operation and maintenance of Manlove, Alliot, and electric high	
	speed sterilizers	
	 Pre operative skin preparation, and disinfection, extent of skin preparation for various operations Principles of asepsis: Surgical scrubbing, gowning and glowing procedures 	
	Draping of patients for various operations	
	• Date of sterilization of articles to check back turnover of sterile	
	supplies	
	• Disinfection of OT after infectious cases like tetanus, gas gangrene,	
	HBsAg, AIDS	
	Diagnostic tests in microbiology and related nurses responsibility	
	Standard safety measures and biomedical waste management	
IX	CARE OF DYING PATIENT	5
	Spiritual support to the dying	
	Grief and grieving process	
	Bereavement support	
	Organ donation & Counselling	
	• Care of dead	

SYLLABUS – OT NURSING-II

Theory Hours: 149 HRS

Description: This course is designed to prepare operation nurses with spcialised knowledge and skills in assisting for various surgical procedures and practicing infection control measures.

Specific Objectives:

On completion of this course the student will:

- 1. Demonstrate the skill in assisting different operative procedures
- 2. Apply nursing process in pre-operative, operative and post-operative stages
- 3. Demonstrate skill in organization of tasks, time, motion, equipment, supplies, materials and resources
- 4. Demonstrate knowledge and principle of sterilization and disinfection
- 5. Participate with other surgical team members

UNIT	CONTENT	HOUR S
Ι	OPERATION ROOM TABLE AND ORGANIZATION	10
	Equipments and amenities	
	Different types of table and accessories	
	Organization of table and equipments- nurse's role and responsibilities	
II	INFECTION CONTROL	10
	• Environment: Cleaning, disinfecting OR area, equipments, Air	
	conditioning system	
	Aseptic techniques- hand washing, use of mask, gowning, gloving, head cover	
	• Sterilization: Preparing and packing of instruments, dressing materials, linen, suture materials, drainage tubes and catheters, care of electro-medical equipments	
	Handling and storing of sterilized material, equipments, instruments	
	Collection of various specimens for laboratory tests	
	Biomedical waste management: Universal standards and its application in O R nursing	
	Nurses' role and responsibility	
III	PREPARATION AND ASSISTING FOR VARIOUS SURGICAL	70
	PROCEDURES, AS CIRCULATING AND SCRUB NURSE	
	Setting up of operation room and table	
	Setting up of trays and trolleys for various surgical procedures	
	Part preparation for surgical procedures	
	Positioning and draping according to the surgical procedures	
	Incisions for various surgical procedures	
	Minor surgeries- surgical instruments and suturing materials	
	Major surgeries- surgical instruments and suturing materials	
	General Gynaeco	
	Obstetrics	
	• Orthopaedic	
	Plastic and reconstructive surgery	
	Ophthalmic	

	• Head & Neck		
	• ENT		
	Cardio Thoracic		
	• Neuro		
	• Paediatric		
	• Dental		
	• Laser and robotic surgery		
	Records and reports Nurses role and responsibilities		
IV	OPERATING MICROSCOPES 1		
	• Types		
	• Accessories		
	• Attachments		
	• Uses		
	• Disinfection		
	Maintenance and storage		
	• Nurses role and responsibility		
V	SUTURE MATERIAL & NEEDLES	05	
	• Types		
	• Uses		
	Disinfection		
	Storage		
VI	ENDOSCOPIES	15	
V I	Definition	15	
	• Types		
	• Uses		
	 Maintenance and storage 		
	 Preparation of patients 		
	 Nurses role and responsibilities 		
VII	BANDAGES SPLINTS CASTS AND TRACTION	05	
V 11	 Types 	05	
	• Uses		
	Preparation		
	 Maintenance and storage 		
VIII	RECOVERY ROOM/SURGICAL ICU	15	
V 111	Set up and organisation	15	
	 Management of patient 		
	 Reporting and recording 		
	 Transportation of patient nurses role and responsibility 		
IX	FLUID THERAPY	10	
IA		10	
	Fluid and electrolytesBlood and blood components		
	 Plasma and plasma products 		
	 Allergies and reactions High risk patients 		
	 High risk patients Monogement of exercise sheets 		
	Management of anaphylactic shock		
	Records and reports		
	Nurses role and responsibility		

SUPERVISION AND MANAGEMENT:

INC: 90 hrs

Description: This course is designed to develop an understating of the principles of supervision and management, clinical teaching and research.

Section – A Supervision & Management -30 Hours

Section - B Clinical Teaching - 30 Hours

Section – C Elementary Research & Statistics – 30 Hours

Objectives:

- 1. Describe professional trends
- 2. Describe role of nurse in management and supervision of nursing personnel in operation room
- 3. Teach nurses and allied health workers in operation room
- 4. Describe research process and perform basic statistical tests
- 5. Plan and conduct research in operation room nursing

UNIT	CONTENT	HOURS
Ι	Management	20
	Definition and principles	
	Elements of management of operation room: Planning, organizing,	
	staffing, reporting, recording and budgeting	
	Operation room: Time, material and personnel	
	Physical layout of O.R	
	Design of OR, size, shape, color, ventilation with Air	
	conditioning, lighting, ultra clean air system, traffic flow	
	pattern, zones of risk, Sign of various facilities	
	Clinical supervision	
	Introduction, definition, and objectives of supervision	
	Principles and functions of supervision	
	Qualities of supervisors	
	Responsibilities of clinical supervisors	
	Practice standards of operation room nurse- Policies and	
	procedures	
	Establishing standing orders and protocols	
	Orientation programme for new recruits	
	Quality assurance programme in operation room nurse	
	Nursing audit	
	Performance appraisal	
	Principles of performance evaluation	
	Tools of performance evaluation	
	Rating scales	
	Checklists	
	Peer reviews	
	Self appraisals	
	Staff Development	
	Introduction & Purposes	
	In service education	
	Continuing education	

UNIT	CONTENT	HOURS
II	PROFESSIONAL TRENDS	5
	Introduction	
	• Code of ethics, code of professional conduct and practice	
	standards of nursing in India	
	• Ethical issues in critical care unit	
	• Expanding role of the nurse: specialist nurse, nurse practitioner etc	
	Professional organizations	
III	MEDICO-LEGAL ASPECTS	5
	 Legislations and regulations related to critical care 	
	Consumer protection Act	
	Negligence and malpractice	
	Legal responsibilities of nurses	
	• Bill of right of a patient	
	• Case studies of judgment with regard to negligence of services in	
	the hospital	
	Records and reports	
	• Role of nurse in legal issues	
	 Professional practice issues in the operation room 	
	• Bioethical issues in operation room: ethics, ethical principles,	
	ethical decision making in operation room code of professional	
	conduct and practice standards	

IV	TEACHING –LEARNING PROCESS	30
	Introduction and concepts	
	• Principles of teaching and learning	
	• Formulation of learning objectives	
	Lesson planning	
	Teaching methods	
	• Lecture	
	• Demonstration, simulations	
	Discussion	
	Clinical teaching methods	
	Micro teaching	
	• Self learning	
	• Evaluation	
	• Assessment of students	
	• Purpose	
	• Type	
	• Steps	
	• Tools for assessing knowledge, skill and attitude	
	• Use of media in teaching learning process	

UNIT	CONTENT	HOURS
V	RESEARCH	30
	Research and research process	
	• Types of research	
	Research problem/question	
	Review of literature	
	Research approaches and designs	
	Sampling	
	• Data collection: tools and techniques	
	• Analysis and interpretation of data	
	Communication and utilization of research	
	Research priorities in critical care	
	Statistics	
	Source and presentation of data	
	• Qualitative and quantitative	
	• Tabulation, frequency distribution, percentiles	
	Graphical presentation	
	• Measures of central tendency-mean, median mode	
	Measures of variance	
	• Normal probability and tests of significance	
	Co-efficient of correlation	
	Statistical packages and its application	
	Preparing a research proposal	
	Application of computers	

• Teaching Learning Activities

- (i) Lecture
- (ii) Demonstration & Discussion
- (iii) Supervised practice
- (iv) Seminars
- (v) Role play
- (vi) Workshop
- (vii) Conference
- (viii) Skill training
- (ix) Simulations
- (x) Field visits
- (xi) Research project

• Methods of Assessment

- 1. Written Examination
- 2. Objective type
- 3. Short notes
- 4. Assignments
- 5. Care studies /care notes
- 6. Clinical presentations
- 7. Seminars
- 8. Project

ASSIGNMENTS:

1.	Patient Care Assignment	02
2.	NCP for Post op Patients	01
3.	Work as a scrub nurse	10
4.	Work as circulatory nurse	10
5.	Case Studies	05
6.	Case Presentations	05
7.	Writing observation reports	
8.	Planned health teaching	03
9.	Project	01
10.	Drug Study	02
11.	Prepare clinical rotation plan	
12.	Prepare teaching plan for students	

- 13. Perform clinical evaluation of students/staff
- 14. OR management plan-designing
- 15. Supervision techniques- writing unit report, performance appraisal, guidance, staff management,

material management

16. Maintenance of records and reports

18. ESSENTIAL CRITICAL CARE NURSING SKILLS

- I Procedures Observed Surgical intervention in all the minor and major OT's
- II Procedures assisted
 - o Monitoring ICP
 - o Advanced life support system
 - o Arterial Blood gas
 - o ECG recording
 - Arterial catheterization
 - Chest tube insertion
 - o Endotracheal intubation
 - o Ventilation
 - Central line, arterial line cardiac pacing
 - Use of defibrillator CPR
 - o Endoscopy
 - o Dialysis- haemodialysis and peritoneal dialysis
 - Intra venous pylography
 - o EEG
 - o Bronchoscopy
- III Procedures performed
 - Work as a scrub nurse
 - Work as a circulatory nurse
 - Setting up trays and trolleys of all surgical procedures
 - Skin preparation
 - Draping and positioning
 - Transferring of patient
 - Use of operating room care plan
 - Specific teaching related to patient's surgery
 - Adequate instrumentation
 - Use special supplies or equip
 - Dressing of all wounds
 - Sterilization and asepsis
 - Microbiology and environment
 - Preparation of supplies and instruments
 - Working knowledge of disposable packs
 - Disposable gowns, proper handling of paper wrappers
 - (i) Neurological assessment, Glasgow coma scale
 - (ii) Pulse oxymetry
 - (iii) Arterial BP monitoring
 - (iv) Venous access, ABG collection monitoring
 - (v) Oxygen administration, suctioning respiratory therapy, Tracheostomy

toilet

(vi) Airway management

- Application of oropharangeal airway
- Oxygen therapy
- o C PAP
- Care of Tracheostomy
- o Endotracheal Intubation
- (vii) Care of intercostals drainage
- (viii) Nebulisation
- (ix). Chest physiotherapy

(x) Monitoring of critically ill patients- clinically and with monitors, CRT, ECG

- (xi) Gastric lavage
- (xii). Setting of ventilators

(xiii) .Assessment of neonates; identification and assessment of risk factors, APGAR score

(xiv). Admission and discharge of critically ill patients

(xv) OG tube insertion

(xvi) Thermoregulation- management of thermoregulation & control, use of hypothermic machines

(xvii) Administration of drugs IM, IV injection, IV cannulation & fixation infusion pump,

calculation of dosages, monitoring fluid therapy.

(xviii) Administration of blood and its components

(xix) Procedures for prevention of infections; hand washing, disinfection & sterilization,

surveillance fumigation

- (xx) Collection of specimens related to critical care
- (xxi) Burns assessment calculation of fluid crystalloid and colloid
- (xxii) Maintenance of intake output chart
- (xxiii) Wound dressing and prevention of contractures
- (xxiv) Rehabilitation

IV Other procedures

CERTIFICATION

19 TITLE- Fellowship Course in Operation Room Nursing

A Certificate is awarded upon successful completion of the prescribed study programme ,which will state that :-

(a) Candidate has completed the prescribed course of Operation

Room Nursing

- (b) Candidate has completed prescribed clinical experience.
- (c) Candidate has passed the prescribed examination.

BUDGETARY REQUIREMENT

20. The budget of the college is met out from central budget of AFMC Pune .

EXISTING INFRASTRUCTURE AREA OF THE COLLEGE

21. The requirement and existing infrastructure for the Clinical Facility in the College is attached as Appx 'A.'.

22. The details of existing college infrastructure Area including detailed sketch of the floor plan is attached as Appx 'B.'

23. The details of existing Physical Facilities in the College is attached as Appx 'C.'

24. The details of existing Library Facilities in the College is attached as Appx 'D.'

25. The details of existing Audio visual Aids in the College of Nursing is attached as Appx 'E.'

Appx 'A' (Refers to para 21)

INFRASTRUCTURE REQUIREMENT FOR CLINICAL FACILITY

Clinical experience to the students of College of Nursing is provided at CH(SC)Pune, Artificial Limb Centre (ALC), Pune, MH(CTC) Pune & MH Kirkee...

S No	Requirement of Clinical Facility as per INC	Existing Facility in College of Nursing, AFMC, Pune
a	Hospital There must be a parent/affiliated hospital for providing practical experience to the students with minimum 250 -500 functional beds including spinal surgeries ,traumas, reconstructive surgery ,replacement surgery etc and rehabilitation units (Physiotherapy, occupational, orthotics and prosthetic).	 Parent hospital for clinical experience is CH(SC) Pune with a bed strength of 1047 having 90-95% bed occupancy rate. Other affiliated hospitals are MH (CTC) with a bed strength of 600, ALC (Artificial Limb Centre) with a bed strength of 190 and MH Kirkee a 880 bedded hospital. Parent Hospital also has Physiotherapy unit . All clinical areas including specialty-nursing clinical areas are present at CH (SC) Pune. It is also Malignant Disease Treatment Centre. CH (SC) Medical 238 Surgical(Includes reconstructive surgeries) 279 Ob & Gyn 72 Paediatric 68 Ortho (includes replacement surgeries) 35 Eye- 32 ENT 26 ICU/ICCU- 10/10 Burns- 12 MH Kirkee –Orthopaedic and Spinal cord Injury clinical experiences with replacement surgeries and rehabilitation units well equipped physio therapy and occupational therapy centre. ALC- Care of Handicapped and other disabled, orthotics and prosthetic facilities, war wounded soldiers etc.
	• Affiliated Hosp should be in the radius of 10-15 kms.	 Affiliated hospitals are within the permissible limits. Parent hospital –Within campus ALC- within campus MH CTC- within 02 Kms MH Kirkee- within 10 Kms

<u>Appx 'B'</u> (Refers to Para 22)

THE INFRASTRUCTURE AREA OF COLLEGE OF <u>NURSING</u>

S No	Teaching block	Total Area in Sqmeters
1	Lecture Hall (6)	97.37 Sqmtr each
2	Computer Lab (1)	41.35 Sqmtr
3	Multipurpose hall (1)	197.05 Sqmtr
4	Common Room (1)	88.35 Sqmtr
5	Faculty Offices (7)	312.50 Sqmtr
6	Nursing Arts Lab	197.05 Sqmtr
7	Nutrition Lab	88.35 Sqmtr
8	Library	197.05 Sqmtr
9	Principal's Room	97.37 Sqmtr
10	Vice Principal's Room	88.35 Sqmtr
11	AV Aid Room	190 Sqmtr
12	Toilet Rooms (4)	26.60 Sqmtr

The college of Nursing is built in an area of 4600 sqmt.

<u>Appx 'C'</u> (Refers to Para 23)

THE EXISTING PHYSICAL FACILITIES IN THE COLLEGE AND ADDITIONAL REQUIREMENTS

S No	Physical Facilities as per INC	Remarks
	Building	Separate building near to parent hospital is available.
	Teaching Block	
	(a) Class rooms	One classrooms needs to be constructed with a capacity to accommodate at least 15 students at a time.
	(b) Nursing Arts Lab	Present
	(c) Library: Permission to use medical/ hospital library having current medical surgical nursing, Orthopaedic and rehabilitation nursing, trauma text books and journals etc.	 Total Number of Books : 4150 Total Number of Nsg Journals : 08 Library Hours per day: 07 hrs in College Library & 03 hrs in Mess Library. Moreover, Permission is granted to use Command hospital library and AFMC Main Library is opened from 1100hrs to 2200 hrs daily.
	Office facility	
	(a) Services of typist, Peon, Safaikaramchari	Two typist ,two peon and three safai karamcharies posted in the college
	(b)Facilities for office, equipment and supplies such as Stationery ,Computer with Printer ,Xerox machine/ Risograph, Telephone and Fax	Collage has adequate no of computers with printer facility, Xerox machine and telephone and fax. Stationery requirements are met through central supply of AFMC

<u>Appx 'D'</u> (Refers to para 24)

FACILITIES FOR LIBRARY AVAILABLE AT THE COLLEGE OF <u>NURSING</u>

Total Number of Books: 4150

Total Number of Nsg Journals : 08

Library Hours per day : 07 hrs in College Library & 03 hrs in Mess Library.

Moreover, AFMC Main Library is opened from 1100hrs to 2200hrs daily.

Sr.	Item	Qty (No.)
No.		
1.	Projected Aids	
	Television	02
	Video cassettes	36
	VCP	01
	Slide projector	03
	LCD with Screen	04
	OHP	09
2.	Non-Projected Aids	
	Tape recorder	01
	Charts, Posters Models, Flip charts	
	Biological specimens, Patient care	
	simulators, Nursing skill manikins, White	
	boards Bulletin boards, Flannel graphs,	
	Mobile presentation board, Patient care	
	manikin, Nurse training baby new born,	
	Palpation module, Adult CPR Torso with	
	light controller.	
3.	Typing and Duplicating facilities	
	Type writers	03
	Photocopiers	02
	Duplicating Machine	01

Appx 'E' Refers to para 24

REFERENCES

- 1. Theater Techniques by Edixon
- 2. Introduction to operation room techniques by Atkinson
- 3. OT Techniques by Berry and Kohns
- 4. Operation Room Techniques by Fortunato
- 5. Instruments for OT Room by Brooks
- 6. Manual of medical surgical instruments and procedures by Kapur
- 7. Perioperative Nursing by Shields
- 8 Review of Nurse anesthesia by Nagehout
- 9. Ortho Surgery by Gregory
- 10. Minor Surgeries Splinters to Fractures by Buttara Voli
- 11. Pharmacology and Medicine for Nurse By Downie and J Mackenzie
- 12. Therapeutic interaction in Nursing by Williams
- 13. Emergency Nursing Care Curriculum by Saunder
- 14. Intensive Care Nursing Philip Woodrow
- 15. Moroneys Surgery for Nurses Colmer
- 16. Master of Surgery for Nurses Fischer (Vol I & II)
- 17. SRB'S Surgery for Nurses Bhat
- 18. Nursing Practitioners and legal reference by Newberry
- 19. Leadership and Nursing Care Management by Huber
- 20. Counseling and communication skills for medical and health practitioners
- by Bayne
- 21. Guide to Nursing Management by Anne Mariner
- 22. Human Resource Management in Hospital by Goyal RC
- 23. Hospital Planning and Administration by Davies RC
- 24. Medical Surgical Nursing BY Lewis
- 25. Surgery by Bailey and Love
- 26. Critical care Nursing by Valenti Lindam
- 27. Principles of Anatomy and Physiology by Tortora
- 28. Illustrations of regional anatomy Atlas Jamieson

- 29. Text book of Biochemistry Harbans Lal
- 30. Fundamentals of Biochemistry Deb
- 31. Biochemistry Jacob Anthikad
- 32. Cardiothoracic Surgical Nursing Margerson C
- 33. Surgical Secrets Alden H Harker